

secondary menu WEEK 1



monday	tuesday	wednesday	thursday	friday
Salmon Linguine served with Seasonal Salad Bowl and Garlic & Parsley Slice	Chicken Burger in a Bun with Salad Garnish served with Homemade Jacket Wedges and Baked Beans	Pork Meatballs served with Pasta & Gravy, Seasonal Vegetables	Roast Beef & Yorkshire Pudding served with Boiled & Roast Potatoes and Seasonal Vegetables	Chicken Jalfrezi served with Rice & Chipped Potatoes
Chicken & Pea Risotto served with Garlic & Parsley Slice and Seasonal Salad Bowl	Moroccan Lamb with Vegetable Cous Cous served with Seasonal Salad Bowl	Homemade Lasagne served with Seasonal Salad Bowl	Hot Pulled Pork in a Floured Bap with Salad Bowl	Battered Fish & Chipped Potatoes served with Peas or Baked Beans
Mushroom Wellington served with Wholemeal Garlic Bread	Vegetable Stir Fry served with Cheesy Garlic Baguette	Vegetable Lasagne served with a Crusty Baguette	Sweet Chilli Vegetable Burrito served with Cheese and Seasonal Salad Bowl	Vegetable Curry served with Cheese & Garlic Crusty Slice

...and for dessert...

Lemon Drizzle and Custard	Sultana Sponge Pudding & Custard	Muffin Choice	Chocolate Cornflake Crisp	Ice Cream Tub & Fruit Slices
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alternative desserts... Shortbread, Luxury Chocolate Cake, Fresh Fruit, Fruit Cartons, Oat Cookie, Fruit Yogurt & Chocolate Crunch

choice of... Sandwich/Roll/Baguette/Pasta Pot & Dessert served with Water or Milk Carton

choice of... Sandwiches, Baguettes, Rolls, Pasta Pots: Meat, Fish, Vegetarian & Cheese

choice of drink... Water 500ml or Semi Skimmed Milk Carton 568ml

secondary menu WEEK 2



monday	tuesday	wednesday	thursday	friday
Reduced Fat Sausage served with Creamed Potato, Seasonal Vegetables & Gravy	Pasta Bolognaise served with Cheese & Wholemeal Garlic Slice	Pork Meatballs in Gravy or BBQ Sauce served with Pasta and Seasonal Vegetables	Roast Turkey & Stuffing served with Boiled & Roast Potatoes, Gravy & Seasonal Vegetables	Beef Balti served with Rice & Garlic & Coriander Naan Bread
Chilli Chicken Tortilla served with 3 Options from the Salad Cart	Gammon Ham with Roasted New Potatoes, Carrot Roundels & Cauliflower Cheese	Beef Goulash served with Baby New Potatoes and Seasonal Vegetables	Chilli Con Carne with Turmeric Seasoned Rice, Seasonal Salad Bowl & Crusty Bread	Battered Fish & Chipped Potatoes served with Peas or Baked Beans
Vegetable Chilli with Quorn served with Savoury Rice & Crusty Garlic Bread	Mushroom Risotto served with Seasonal Salad Bowl & Garlic & Parsley Slice	Margarita Pizza for 1 served with Seasonal Salad Bowl	Vegetarian Chilli served with Rice & Crusty Garlic Baguette	Cheese & Potato Pie served with Baked Beans & Seasonal Salad Bowl

...and for dessert...

Syrup Sponge Pudding & Custard	Gingerbread Muffin	Apple Crumble & Custard	Almond Slice & Custard	Ice Cream Tub & Fruit Slices
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alternative desserts... Shortbread, Luxury Chocolate Cake, Fresh Fruit, Fruit Cartons, Oat Cookie, Fruit Yogurt & Chocolate Crunch

choice of... Sandwich/Roll/Baguette/Pasta Pot & Dessert served with Water or Milk Carton

choice of... Sandwiches, Baguettes, Rolls, Pasta Pots: Meat, Fish, Vegetarian & Cheese

choice of drink... Water 500ml or Semi Skimmed Milk Carton 568ml

secondary menu WEEK 3

monday

Chicken Smokey Joe served with Potatoes & Seasonal Salad Bowl

Mexican Hot Wrap served with 3 Options from the Salad Cart

Quorn Thai Green Curry served with Basmati Rice & Crusty Garlic Bread

tuesday

Lasagne served with Wholemeal Garlic Bread and Seasonal Salad Bowl

Chicken Pesto served with Penne Pasta & Seasonal Salad Bowl

Vegetable Chow Mein served with Garlic Baguette

wednesday

Salmon Fillet served with Baby Jacket Potatoes & Seasonal Vegetables

Pork Meatballs in Gravy served with Pasta and Wholemeal Garlic Bread

Vegetarian Pizza served with Salad Bowl

thursday

Roast Beef & Yorkshire Pudding served with Gravy, Boiled & Roast Potatoes & Seasonal Vegetables

Peri Peri Chicken Stir Fry served with Crusty Garlic Bread

Broccoli & Pasta in Cheese Sauce served with Seasonal Salad Bowl & Crusty Bread

friday

Red Thai Chicken Curry served with Rice, Seasonal Salad Bowl & Crusty Bread

Battered Fish & Chipped Potatoes served with Peas or Baked Beans

Vegetable Sweet & Sour served with Rice or Homemade Jacket Wedges, Seasonal Salad Bowl & Crusty Bread

...and for dessert...

Chocolate Pudding & Chocolate Sauce

Muffin Choice

Jam Roly Poly & Custard

Fruit Tart & Custard

Ice Cream Tub & Fruit Slices

alternative desserts... Shortbread, Luxury Chocolate Cake, Fresh Fruit, Fruit Cartons, Oat Cookie, Fruit Yogurt & Chocolate Crunch

choice of... Sandwich/Roll/Baguette/Pasta Pot & Dessert served with Water or Milk Carton

choice of... Sandwiches, Baguettes, Rolls, Pasta Pots: Meat, Fish, Vegetarian & Cheese

choice of drink... Water 500ml or Semi Skimmed Milk Carton 568ml

secondary menu WEEK 4



monday

Homemade Beef Burger served in a Bun with Salad Garnish, Jacket Wedges/Diced Potatoes

Chicken Chow Mein served with Seasonal Salad Bowl & Garlic & Parsley Slice

Creamy Pesto Pasta served with Seasonal Salad Bowl & Crusty Baguette

tuesday

Spaghetti Carbonara served with Crusty Garlic Bread and Seasonal Salad Bowl

Steak Pie served with Creamed Potato, Seasonal Vegetables & Gravy

Quorn Tikka Masala served with Basmati Rice, Seasonal Salad Bowl & Naan Bread

wednesday

Pork Meatballs in Gravy or BBQ Sauce served with Pasta and Seasonal Vegetables

Spicy Pork Stroganoff served with Rice, Seasonal Vegetables

Cheese & Potato Pie served with Baked Beans and Salad Bowl

thursday

Roast Turkey & Stuffing served with Gravy, Boiled & Roast Potatoes & Seasonal Vegetables

Pasta Bolognese served with Seasonal Salad Bowl & Wholemeal Garlic Bread

Chinese Vegetable Stir Fried Rice with 3 Options from the Salad Cart

friday

Lamb Rogan Josh served with Basmati Rice & Naan Bread

Battered Fish & Chipped Potatoes served with Peas or Baked Beans

Baked Bean Lasagne served with Seasonal Salad Bowl & Crusty Bread

...and for dessert...

Marble Sponge & Custard

American Pancake & Golden Syrup

Chocolate Brownie

Fruit Flapjack & Custard

Ice Cream Tub & Fruit Slices

alternative desserts... Shortbread, Luxury Chocolate Cake, Fresh Fruit, Fruit Cartons, Oat Cookie, Fruit Yogurt & Chocolate Crunch

choice of... Sandwich/Roll/Baguette/Pasta Pot & Dessert served with Water or Milk Carton

choice of... Sandwiches, Baguettes, Rolls, Pasta Pots: Meat, Fish, Vegetarian & Cheese

choice of drink... Water 500ml or Semi Skimmed Milk Carton 568ml